

# SENIOR SOARCE

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • [www.soarfrederick.org](http://www.soarfrederick.org)

**SOAR of Frederick's Monthly Newsletter**



“ DO YOUR LITTLE BIT OF GOOD WHERE YOU ARE;  
IT'S THOSE LITTLE BITS OF GOOD PUT TOGETHER THAT  
OVERWHELM THE WORLD.  
– DESMOND TUTU ”

## Upcoming Events & Updates: RESOURCE & EDUCATION SEMINARS

The next seminar is **Thursday, April 25th at 1:30pm at the Brunswick Library, 914 North Maple Avenue, Brunswick.** Join us and please share with individuals in need of resource information.

### FORE FOR SOAR GOLF CLASSIC

Time to get your golf game ready for SOAR's annual golf classic, to be held on May 13, 2024, at Holly Hills Country Club. Golfer registration below



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COMMUNITY SEMINAR

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**APRIL IS VOLUNTEER  
APPRECIATION MONTH  
SOAR IS TRULY BLESSED TO HAVE  
SO MANY DEDICATED INDIVIDUALS  
WHO HELP SERVE FREDERICK  
SENIORS!**



## Volunteer Spotlight

Two of SOAR's amazing volunteers are Ed and Peggy H. who have been volunteering with SOAR since November 2023. This husband and wife duo have been a driving force behind getting our Medical Equipment Center up and running to help those in need of equipment. They created a tracking system for equipment donated by community members - to enable us to inventory each item as it comes in and goes out of our center. We are grateful for the many hours of their time devoted to this needed center. Thank you Ed and Peggy for your time and dedication to SOAR's mission of serving Frederick County's older adults.



# Senior Resource & Education Fair

**3RD  
ANNUAL**

SAVE THE DATE!

Thursday, May 23, 2024

10AM - 2PM

Frederick Community College  
Athletic Center

7932 Oppossumtown Pike

FREE

70 professional exhibitors

Free lunch for the first 200 attendees



## New Board Member *Welcome*

ANDREW JEANNERET, CPA HAS JOINED THE SOAR BOARD AS OUR TREASURER.

ANDREW CURRENTLY SERVES AS THE CHIEF FINANCIAL OFFICER FOR ASBURY COMMUNITIES, INC. AND IS RESPONSIBLE FOR OVERSEEING THE FINANCE AND ACCOUNTING FUNCTIONS OF THE ASBURY NOT-FOR-PROFIT SYSTEM AND AFFILIATED ENTITIES. WITH MORE THAN THREE DECADES OF EXPERIENCE IN FINANCE, HE HAS HELD SENIOR FINANCIAL AND ACCOUNTING POSITIONS WITHIN THE HEALTHCARE, ACCOUNTING, PHARMACEUTICAL, BIOTECHNOLOGY, INSURANCE, AND TECHNOLOGY INDUSTRIES OVER THE COURSE OF HIS CAREER. HE RECEIVED HIS BACHELOR'S DEGREE IN ACCOUNTING FROM BOSTON COLLEGE, HIS MBA IN INTERNATIONAL BUSINESS AND FINANCE FROM THE GEORGE WASHINGTON UNIVERSITY, AND HE IS A CERTIFIED PUBLIC ACCOUNTANT (CPA).

## WANT TO JOIN OUR MISSION?

Consider Volunteering:

[APPLY HERE](#)

or

[LEARN MORE](#) about our various volunteer opportunities

Know A Senior in Need?

[REFER HERE](#)

The individual *must* be 65+, live in Frederick County, and income below 2,100/month or 3,000/month for couples

Consider Donating:

[DONATE HERE](#)

We are truly grateful for any contribution made towards making our vision a reality for Frederick's seniors!



# Join us for a free planning seminar

with Complimentary Meal

## Topics For Discussion

✓ Cremations & Burial Options - Advance Planning.

✓ The 25 documents you need before you die.

✓ Why you don't want your children or heirs to make your arrangements.

✓ Why insurance should not be used for purchasing cemetery & funeral needs.

✓ What to do when a death occurs when traveling.

✓ Veterans' benefits - what the government does and does not provide.

Resthaven Funeral Home  
and Memorial Gardens  
9501B Catocin Mountain Highway  
Frederick, MD 21701  
Tuesday, April 16th, 2024  
12:00 Noon  
OR  
Thursday, April 18th, 2024  
6:00 PM

**RSVP: Call, Email or snap QR**

**301-898-1577**

Seminars@resthaven.us



There will be NO selling at this seminar - only shared information.

# Senior Showcase

SOAR recently assisted a 77 year old woman in need of specific lymphedema wraps and socks because she was unable to afford them due to the type needed not being covered by Medicare. The integrity of the garmets covered by Medicare was not going to be strong enough for her needs according to the social worker from Johns Hopkins Office of Population Health that referred her to SOAR . Codes for those garmets had not been determined either because of these being a new coverage in 2024 under Medicare. She was measured for the proper size by an Occupational Therapist who owns Swell Solutions, LLC and exact items were purchased and delivered directly to her home. This is a great example of the coordinated effort between SOAR and two community medical offices for the benefit of an older adult in need. SOAR’s client was so grateful for the help in receiving these much needed items to help with her current health situation.



## THANK YOU!

to our

### March Partners in Fundraising

SOAR is grateful for amazing community support fundraisers - Thacher & Rye, RAK Brewing , United Way’s Unity Campaign



# Thank You

Join us for a Volunteer Appreciation Celebration

To thank you for your commitment to SOAR and service on behalf of Frederick County older adults

Stop by our office for coffee, donuts and gift of appreciation

Thursday, April 25

Between 8AM-10AM

20 West Third Street

Enter to win a door prize!





**PARTNER HIGHLIGHT:  
Frederick Community College  
The Institute for Learning in  
Retirement  
ILR55+**

**IN THE CITY OF CLUSTERED SPIRES, THE INSTITUTE FOR LEARNING IN RETIREMENT (ILR55+) AT FREDERICK COMMUNITY COLLEGE IS FREDERICK COUNTY'S PREMIER KNOWLEDGE AND DISCOVERY DESTINATION FOR ADULTS AGE 55+.**

**AT ILR55+, CLASSES ARE DESIGNED TO PROVIDE YOU WITH QUALITY AND ACCESSIBLE OPPORTUNITIES FOR INTELLECTUAL STIMULATION AND PERSONAL ENRICHMENT. ILR 55+ OFFERS A BREADTH OF DIVERSE COURSES TO FULFILL THE INTELLECTUAL, SOCIAL, SPIRITUAL, AND PHYSICAL INTERESTS OF ADULTS AGES 55 AND OLDER.**

**FOR MORE INFORMATION, PLEASE CALL 301-846-2561 OR  
EMAIL [ILR@FREDERICK.EDU](mailto:ILR@FREDERICK.EDU)**

**<https://www.frederick.edu/class-schedules/downloads/ilrsummerspring2024.aspx>**



**STAY CONNECTED WITH US!**

